

BECKMAN CATHOLIC		AUGUST LUNCH MENU		At least 50% of grains served are 51% or more whole grain rich
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
	Some of our variety of fresh fruit we serve...			
Each meal includes a choice of:	strawberries, apples, grapes,			
Skim or 1% White Milk	watermelon, cantelope,			
or 1% Chcoloate Milk	bananas, clementines, kiwi			
	blueberries, oranges, etc.			
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
				1st Day of School
				Chicken Patty on bun
				Colossal Crisp Fries
				Cooked Corn
				Fresh Fruit/Diced Peaches
				Ice Cream Cup
				Welcome Back
26	27	28	29	30
Breaded Pork Chop	Soft Shell Taco	Chicken Tenders	BBQ McRib on bun	Fr. Bread Pepperoni Pizza
Mashed Potatoes	Shr.Cheese/Shr.Romaine	Ranch Potato Wedges	Baked Chips	Cooked Broccoli
Gravy (Optional)	Tomatoes/Sour Cream	Dinner Roll	Mixed Vegetables	Fresh Fruit
Cooked Peas	Refried Beans	Cooked Green Beans	Fresh Fruit/Mixed Fruit	Cinnamon Applesauce
Fresh Fruit/Diced Pineapple	Tortilla Chips/Salsa	Fresh Fruit/Mand. Oranges	Raisels	Fruit Slushie
Cookie	Fresh Fruit/Diced Pears	Applesauce Cups (Peach, Cinnamon or Strawberry)		

Peanut Butter or Deli (Ham or Turkey) Sandwiches are available as an alternate to the main entree every day!

****We will offer a HOT Pizza alternative entree item on Tuesdays and Thursdays - variety of pizza, french bread pizza, pizza crunchers****

We will offer a Fresh Veggie Bar DAILY with Romaine Lettuce and a variety of other raw Veggies.

Some examples of Veggies on the salad bar will be: Carrots, Red Peppers, Cucumbers, Broccoli, Celery, Green Peppers, and Radishes.

This institution is an equal opportunity provider